



GRAB&GO VEST



OWNER'S GUIDE
100 Series





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www.rseventytwo.com

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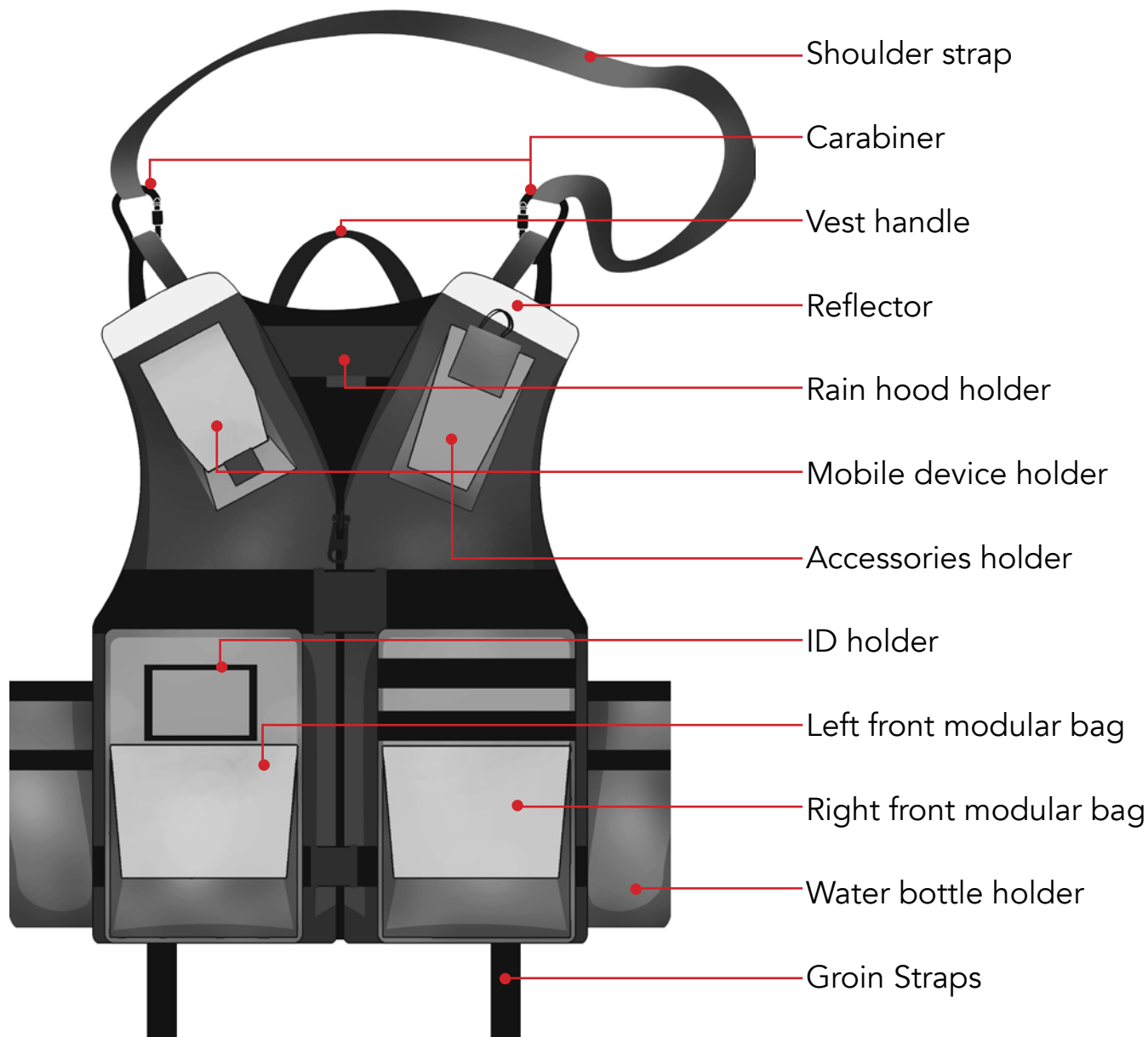
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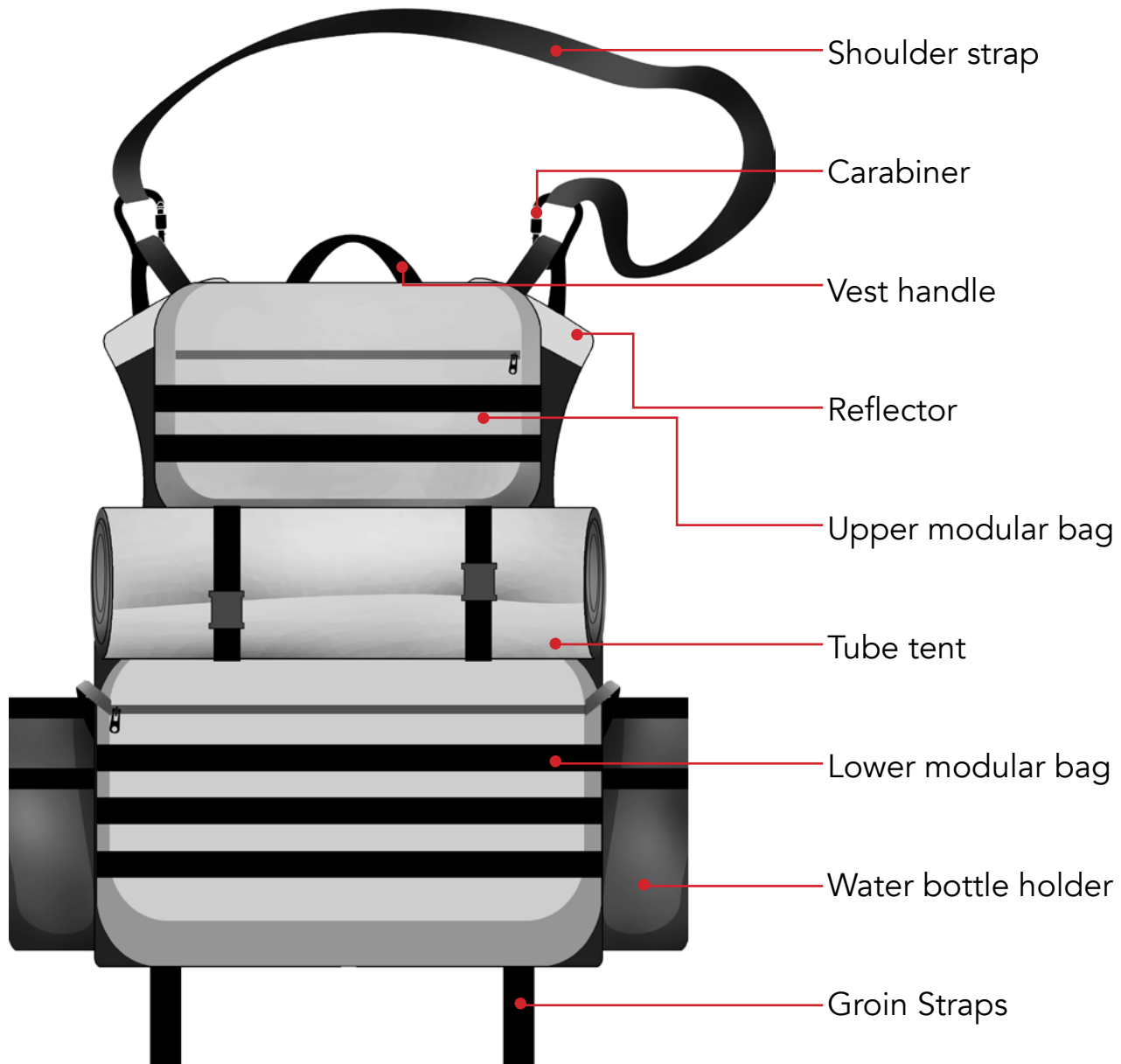
About your R72 GRAB&GO VEST

Front View



About your R72 GRAB&GO VEST

Back View



About your R72 GRAB&GO VEST

Inserts and Accessories



About the R72 GRAB&GO VEST

Features and Functions

Shoulder Strap

The sturdy holding strap doubles as a snap-on-tool to connect and keep families together during disasters.

Vest handle

Store the R72 Vest wherever it is easily accessible for emergencies and adventures. Grab your R72 Vest & go!

Carabiners

Connect the shoulder straps to the vest. Additional R72 Carabiners are available for purchase to connect gear to the R72 Vest.

Rain Hood Holder

Store the rain hood or remove it completely to dry after use. Designed to use with or without trucker & baseball caps.

Mobile Device Holder

Safely store mobile devices such as phones or walkie-talkies. Adjustable & modular for use on or off vest.

Accessories Holder

Conveniently store anything you need quick-and-easy access to. Attach it to the R72 Vest or to your pants belt.

Left Front Modular Bag

Mix up the modular bag to fit your needs. 4-liter bags on the front of the R72 Vest help with proper weight distribution.

Right Front Modular Bag

Light weight & water resistant, fill these durable bags with anything you need easy access to. Combine all bags: 38 liters!

Water Bottle or Flask Holder

The R72 Grab&Go Vest includes 2 adjustable water bottle or flask holders, holding up to 32 ounce containers. Hydrate!

Groin Strap

If needed, adjustable groin straps are included for use with the modular life vest. Connect & clip the straps between legs.

Upper Modular Bag

A 10-liter bag that attaches to the R72 Vest high on the back. Recommended items include food/meals, cutlery, & cooking kits.

Tube Tent

Shelter is crucial for survival. Strap the included tube tent, a sleeping bag, or warm clothing to the R72 Vest.

Lower Modular Bag

The largest of the modular bags, the 20-liter bag can easily hold 3 days of clothing. Ventilated with internal pockets.

Flotation Vest Insert

You never know when a flood might hit. The removable flotation liners may be used with or without the R72 Grab&Go Vest.

Mesh Bag

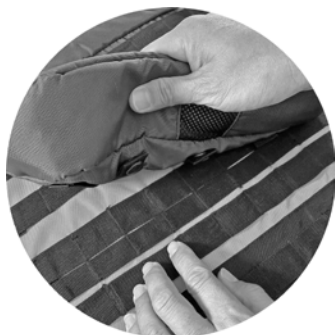
The R72 Grab&Go Vest and bags ship in mesh packaging that can be used for multiple purposes. It conveniently carries the bags or doubles as a laundry bag.

Remember

All R72 bags are modular - attach them to the R72 Grab&Go Vest or use them standalone.

Using the R72 GRAB&GO VEST

Detaching modular bags from the R72 GRAB&GO Vest



1 R72 bags, small & large, can be detached from the R72 Grab&Go Vest. Start by locating the end of the straps on the underside of the bag.



3 Unfasten all the ends of the straps by pulling slightly from the bottom of the bag. Start unweaving the vertical straps with the horizontal straps.



2 Repeat lifting the bottom of the bag after each row to access the next row.



4 When finished, tuck the thicker ends of the straps back into the MOLLE webbing for storage.

Prepare bags as needed for emergencies & adventures!

Attaching modular bags from the R72 GRAB&GO Vest



1 MOLLE webbing allows for modularity. Select location and align horizontal webbing of both modular bag & vest.



2 Stagger horizontal alignment & start weaving vertical straps through horizontal straps. Insert modular bag strap behind vest's loopholes.



3 Alternate back webbing on bag. Continue weaving, alternating between bag webbing & vest webbing until bag is secured along its entire length.



4 The R72 modular bags are secure and stable when accurately attached to the R72 vest.

NOTE: A faster method is to skip a few rows. This is fine, as long as you know it is not as secure.

Using your R72 GRAB&GO VEST

Adjusting the R72 GRAB&GO VEST



1 For extra comfort & convenience, the R72 Grab&Go Vest includes four adjustable side straps so that you can make amends depending on your preference & satisfaction.



2 The R72 Vest is a one size fits most design. The vest adjusts at six different points all the way up to a 60" chest size, which is around a 5-6XL mens size (U.S.A.). Adjust the straps to your liking.



3 Once the straps are adjusted, store excess portions of each strap by rolling them outward in small sections. Utilize the included strap management feature pictured in the first step.

Using the Groin Strap



1 Groin straps keep the R72 Grab&Go Vest from riding up your chest & around your ears while using the removable flotation inserts in water.



2 As pictured in the first two steps locate the front & back quick-release buckles connected to the groin straps.



3 Next, pull the left groin strap under the left leg & click it to the corresponding side release buckle.



4 Repeat with the right groin strap under the right leg. Adjust the groin straps to your comfort & preference.

Using your R72 GRAB&GO VEST

Removing the modular R72 flotation inserts



1 The R72 Grab&Go Vest includes 3 removable flotation inserts that can be assembled & utilized off the vest, if needed. Locate each of the foam-filled inserts on the inside of the vest.

2 After opening the velcro pockets where the flotation inserts are located, hold the R72 Grab&Go Vest with one hand while removing the insert with your other hand.

3 Once the flotation insert is clear of the pocket opening, completely remove the insert from the R72 Grab&Go Vest. Repeat steps 1-3 for the smaller left & right side inserts.

Assembling the R72 flotation vest - standalone



1 In an emergency situation, or for storage, attach the 3 foam-filled flotation inserts to each other with the included velcro straps, as illustrated above.

WARNING: The standalone flotation vest is not intended for recreational use, only for emergencies.

Using your R72 GRAB&GO VEST

Using the rain hood



1 The R72 Grab&Go Vest includes an adjustable rain hood. Store the rain hood in the inside pouch below the handle or remove it completely to dry after use.



2 Unpack the rain hood from the pouch & locate the horizontal & vertical velcro strips.



3 Connect the short, vertical velcro strap to the longer, horizontal velcro strap, adjusting up and down to fit your head size, comfort & preference.



4 The rain hood is designed to use with or without trucker & baseball caps. After using in wet weather, wipe down or air dry the rain hood to prevent mold buildup.

Modifying the R72 GRAB&GO VEST

MOLLE stands for: Modular, Lightweight, Load-carrying Equipment.

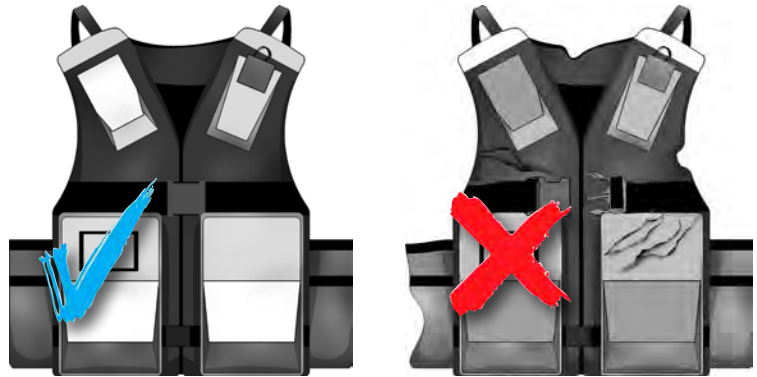
Use all the modular bags on or off the R72 Grab&Go Vest, for all your emergencies and adventures.



Caring for your R72 GRAB&GO VEST

As with all important equipment, your **R72 GRAB&GO Vest** needs to be maintained and in good condition for it to properly function whenever you need it for emergencies and adventures.

Regularly inspect your **R72 GRAB&GO Vest**, checking for rips and tears. Ensure that all hardware and straps are working properly.



Never use your R72 GRAB&GO VEST for anything other than what's intended for. Regularly test the buoyancy of your R72 GRAB&GO VEST. The best way to check buoyancy is to enter shallow water with the vest on (with removable flotation inserts) and bend your knees to float on your back. You should feel supported in the water. Do not use the vest if you do not feel supported.

IMPORTANT: While designed to meet United States Coast Guard standards, as of 2021, the removable flotation components of the **R72 GRAB&GO VEST** are NOT certified by coast guards of any country yet. Non-certification does not diminish the vest's flotation capabilities. Your purchase of this equipment acknowledges your understanding of non-certification and you waive any liability on R72, LLC's part. While boarding watercrafts of any kind, use life vests that are certified by authorized organizations in your country. Not utilizing certified life vests or personal flotation devices on watercraft vehicles could result in injury, death, or hefty fines if you are stopped by local law enforcement. This risk is your own. Again, check your **R72 GRAB&GO VEST** and replace pieces of your equipment immediately if you see any rips, tears or other damage. Visit www.rseventytwo.com for replacement bags and additional modular accessories.

MAINTENANCE TIPS:

- Clean your **R72 GRAB&GO VEST** by hand, using mild soap & water.
- Regularly lubricate the zippers on the vest and modular bags. Lip balm, olive oil, & even window cleaners work as zipper lubricants.
- Never machine wash, never dry clean, & never use strong detergents.
- Always air-dry the vest by leaving it in a well-ventilated space, out of direct sunlight.
- While the vest's material is water & fire resistant, never dry your vest by exposing it to a direct heat source, like fire. Fire will melt the material.



Frequently Asked Questions

What makes the R72 GRAB&GO VEST different from other life vests or disaster preparedness kits?

Too many lives are lost unexpectedly. The R72 GRAB&GO VEST combines protection (e.g. removable flotation feature in case of flash floods or storms) and organization of the basic necessities (like food, clothing and shelter) that can be useful in the event of disasters, both natural and manmade.

It's named the R72 GRAB&GO VEST because the contents you pack should hold necessities for up to 3 days, or 72 hours. After disasters, it could take up to 72 hours for rescuers to reach those needing help. While not being utilized for emergencies, the vest can also be used for weekend adventures, also up to 72 hours.

Most products only offer a receptacle for your basic needs for the days during and after a disaster. The R72 GRAB&GO Vest not only functions as a receptacle, but can also provide protection and flotation, particularly in urgent situations like flash floods and hurricanes/typhoons. Also included are reflectors so that rescuers can easily see you.

How is the R72 GRAB&GO VEST modular?

The R72 GRAB&GO VEST has modular webbing, so all bags can be moved, added, or removed, depending on the needs of the wearer. Nearly everything is modular - even the removable flotation inserts can be standalone.

What is the maximum weight the vest can carry?

The R72 GRAB&GO VEST, which by itself weighs 6 pounds (2.7kgs), can carry more than fifty pounds of items (food, clothing, tools, etc.). We suggest keeping the load under thirty pounds.

What is the R72 GRAB&GO VEST made of?

The R72 GRAB&GO VEST is made of 420D nylon, often used for camping backpacks. The material is light, durable, water resistant and fire resistant. It is also water dynamic, meaning, when used for water activities, it offers little resistance.

Name some features of the R72 GRAB&GO VEST.

The R72 GRAB&GO VEST has a first aid and tools compartment, radio and cell phone pocket, whistle, strobe light, rainhood, durable shoulder strap, reflectors, id holder, adjustable waist strap, groin strap, food compartment, tube tent (size 5' x 4' x 4' and can double as ground cover or a "dressing room"), clothes and personal effects bag, water holders and some bonus items. All R72 bags are modular.

Does the R72 GRAB&GO VEST guarantee my survival?

No. The R72 GRAB&GO VEST is a product that encourages disaster preparedness, awareness, and self-reliance.

Buying the R72 GRAB&GO VEST means you acknowledge the unpredictability of disasters and are preparing yourself in case it happens. The vest may not guarantee survival, but it will increase your chances of survival.

The R72 GRAB&GO VEST facilitates a disaster preparedness kit that includes a flotation function. Your survival depends on a lot of factors, including adequacy of the food and water that you packed, swiftness of rescue, and the weight of your R72 GRAB&GO VEST.

Do not overpack your vest. Make sure your R72 GRAB&GO VEST fits you. Adjust straps to fit your comfort and preference.

Lastly, the included R72 carabiners are not for climbing. Please use responsibly.



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